

## Everything you need to know about

## MANAGEMENT OF POSTURAL DEVIATION

## Rheumatology & Physical Medicine Department









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Good posture in humans is the end product of a complex combination of mechanical, neurological, and psychological factors.

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Office workers are exposed to a number of health risks, including: bad posture, sedentary work, repetition, work with computers and unsuitable microclimate.

Many postural deviations like kyphosis, forward head posture and scoliotic posture, can affect the daily life and self esteem and cause secondary joint diseases (Osteoarthritis).

The Rheumatology and Physical Medicine Department provides a complete evaluation of your posture, from head to foot, by the state of the art technology.

In case of any deformity a personalized rehabilitation program will be established.



For more information and appointment scheduling, please call ext. **1712 / 1748** 



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