

## MANAGEMENT OF FIBROMYALGIA

Rheumatology & Physical Medicine Department





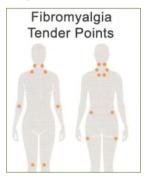


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IN SALMIYA

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**Fibromyalgia** is an often misunderstood, even unrecognized, disorder that causes widespread muscle pain and tenderness which tends to come and go, and move about the body.





Fibromyalgia makes you feel tired and causes muscle pain and "tender points." Tender points are places on the neck, shoulders, back, hips, arms or legs that hurt when touched. People with fibromyalgia may have other symptoms, such as: trouble sleeping, morning stiffness, headaches, and problems with thinking and memory, temporomandibular joint disorder, pelvic pain, restless leg syndrome, sensitivity to noise and temperature, anxiety and depression. These symptoms can vary in intensity, wax and wane over time.

**Fibromyalgia** is actually considered as a rheumatic disease and must be managed as a chronic condition.

In the Rheumatology and Physical Medicine Department we provide a complete personalized rehabilitation program in addition to local and general treatment of this disorder.

For more information and appointment scheduling, please call ext. 1712 / 1748







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